



Buddy Time is the BEST!

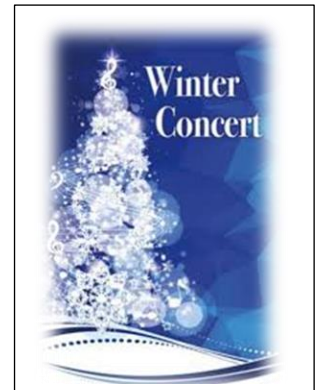
Dec. 5, 2024

Ms. Lenz and our students have been working hard and are excited to present Our Winter Concert next week. All classes will perform in both concerts, both concerts are the same. Both Winter Concerts are on Thursday Dec. 12th at 9:15am and 12:45am, doors will open 30 minutes prior to each concert.

PAC Christmas Basket fundraiser is back again this year! Baskets will be available to view at the Winter Concerts. Tickets will be sold online December 17th and 18th. Draw will be December 19th 9am. More information to come!

The Week Ahead

Mon. 9	<ul style="list-style-type: none"> • PAC Hot Lunch: Ironworks Creperie
Tues. 10	<ul style="list-style-type: none"> • Timberwolf Tuesday – wear your Spirit Wear or school colors
Wed. 11	<ul style="list-style-type: none"> • Winter Concert Dress Rehearsal, am
Thurs. 12	<ul style="list-style-type: none"> • 9:15am Winter Concert, Doors open @ 8:45am • 12:45pm Winter Concert, Doors open at 12:15pm
Fri. 13	<ul style="list-style-type: none"> • Spirit Pajama Day • Purdy’s Pick up, 1:45pm – 2:45pm



Have a wonderful weekend!

Sincerely,

your Cedar Admin. Team

Carie Wood and Cal Lynch

Carie.wood@sd68.bc.ca

Callum.lynch@sd68.bc.ca

Looking Ahead

Dec. 16 -20 – Christmas Spirit Week
 Candy Cane Day – red and white
 Winter Wonderland – white, blue, sparkles
 Holiday Sweaters
 Grinch Day – red and green
 Holiday Hats
 Dec. 20 – Last Day before Winter Break
 Jan. 6 – First Day back from Winter Break

PAC NEWS!

Hot Lunch – Fall Hot Lunch ordering now available. Please use order @ <https://munchalunch.com/login>
Purdys - Order P/U: Outside the school on *Friday Dec 13th 1:45PM- 2:45 PM* Remaining orders: P/U in office Dec 16th-18th <https://fundraising.purdys.com/join.aspx/1308525-121789>

COUNSELLOR CORNER

Counsellor's Corner: Staying Safe Online

In today's digital world, ensuring your child's online safety can feel overwhelming. Many safety guides focus on alarming statistics, leaving parents unsure of how to take actionable steps. Fortunately, a group of cybersecurity experts and parents have created a practical guide to help navigate these challenges effectively.

The **2024 Ultimate Parent Guide for Child Internet Safety** is a comprehensive playbook designed to equip parents with tools to protect their children from online risks like predators, cyberbullying, excessive mobile phone use, and exposure to harmful content. You don't need to panic, but staying informed and proactive is key. Check out the guide here: [Ultimate Parent Guide for Child Internet Safety](#).

As parents, it's not enough to rely on technology to keep kids entertained. We must teach them about it—highlighting both the incredible opportunities and the dangers of online life. Instead of simply handing over devices at younger and younger ages and hoping for the best, we need to actively guide them. Monitoring your child's activity, discussing their digital experiences, and setting boundaries are essential steps in ensuring their safety.

The challenge is that many parents feel left behind when it comes to understanding platforms like TikTok, Instagram, Snapchat, and X (formerly Twitter)—not to mention niche platforms like 4Chan or gaming communities. These, along with a myriad of other screen-based activities such as streaming, gaming, browsing, and content creation, shape your child's online experience.

It's crucial to understand what your child sees online and how it impacts their physical and emotional well-being. Open communication and proactive involvement in their digital lives can make a world of difference in keeping them safe and thriving in today's digital spaces.

