



Snow much fun!

"Everybody Matters"

Feb. 7, 2025

Next week is Literacy Week @ Cedar Elementary! Please see poster below for all of the activities that Ms. Black has planned to help promote a love for reading! The Scholastic Book Fair is Tuesday and Wednesday. Please see attached flyer for pricing and ideas of what will be available. Each class will have a 20 min. shopping time on the following day:
 Tuesday 11th – Smith, Green, Johannsson, Wight, Keefer/Boon, Poulin
 Wednesday 12th- Maude, Scholefield, Harwood (Ms. Wendy), Rypma, Moynihan, Larsson, McIntosh, Loos, Wilcox

Cedar Literacy Week
Feb. 10th -14th

Reading

Special Days

- Monday**
Cozy up with a good book!
(Pajama day)
- Tuesday**
Read your socks off day
(Wear fun or fancy socks)
- Wednesday**
Dress as your favourite book character day
- Thursday**
Reading gives you superpowers!
(Superhero themed clothing)
- Friday**
Love of reading day!
(Wear red, pink, or white)

Scholastic Book Fair!
Tuesday, February 11th
Wednesday, February 12th

See the Book Fair poster for more details!
Get ready for a fun week of:

- Book trivia with prizes
- Whole school buddy reading
- Book swap
- Class reading challenges

Book Swap

February 10th-14th: Bring some good condition books from home (that you are finished reading) to school. You will get 1 ticket for each book that you bring!

February 18th: Intermediate students (Grades 4-7) use their tickets to shop for new books.

February 19th: Primary students (Grades K-3) use their tickets to shop for new books

February 20th: Last day for all students to shop for new books!

- **NLPS News Student Learning Survey** - The parent and guardian/caregiver survey is now available @ www.bced.gov.bc.ca/sat_survey/access.htm The survey will be available until Friday, May 2nd, and will take approximately 30 minutes to complete. Your responses are voluntary and anonymous, and your child will not be identified as a result of your participation in the survey. Please see attachment for more details. Gr. 4 and 7 students write the survey at school. Parents of students in all grades are welcome to complete.

Message from PAC – Hot Lunch ordering is now open @ <https://munchalunch.com/login> The following dates/meals are on the menu! Feb 21st Hot Dogs, Mar 12th Bar Burrito, April 11th Subway, May 9th Cobs, June 9th Hot Dog Day. Please see attachment for details.

The Week Ahead -

Mon. 10	Literacy Week <ul style="list-style-type: none">• Cozy Up with a Good Book - Pajama Day• Hallway Buddy Read• Bring used books to school all week for a ticket for Book Swap next week• Ms. Selena's Drop in Gym for Preschoolers, 4-5:30pm. FREE!
Tues. 11	<ul style="list-style-type: none">• Read Your Socks Off Day – fun/fancy socks• Scholastic Book Fair
Wed. 12	<ul style="list-style-type: none">• Dress as Your Favorite Book/Character Day• Scholastic Book Fair
Thurs. 13	<ul style="list-style-type: none">• Reading Gives You Superpowers – Superhero themed clothing
Fri. 14	<ul style="list-style-type: none">• Love of Reading Day! – wear red, pink or white• Candy Grams delivered• Last day to bring used books to school for Book Swap next week

COUNSELLOR'S CORNER - *Sian Trombley, School Counsellor*

Counsellor's Corner: A Collaborative Approach to Helping Kids Thrive - As caregivers and educators, we often encounter challenging behaviours in children. Dr. Ross Greene's Collaborative & Proactive Solutions (CPS) model offers a compassionate, skill-building approach that shifts the focus from controlling behaviour to working with children to solve problems collaboratively.

What is the CPS Model? Dr. Greene's approach is based on the belief that *kids do well if they can*. When a child struggles with behaviour, it's often due to lagging skills in areas such as frustration tolerance, flexibility, and problem-solving—not a lack of motivation. The CPS model helps caregivers, parents, and educators work together with children to identify challenges and develop solutions that meet everyone's needs.

The Three Steps of the CPS Model & Practical Tips

Step 1: The Empathy Step

Listen first. Approach the child with curiosity rather than assumptions. Ask open-ended questions to understand what's getting in the way.

Instead of: "Why won't you just do what you're told?"

Try: "I've noticed you're having a hard time getting started. What's up?"

Step 2: The Define the Problem Step

Express your concerns too. Share what's important from your perspective in a neutral, non-judgmental way.

Instead of: "You can't keep acting this way."

Try: "I'm worried that when this happens, it makes it harder for everyone to feel comfortable."

Step 3: The Invitation Step

Brainstorm solutions together. Encourage the child to come up with ideas. If needed, guide them toward a realistic, practical plan.

Instead of: "You need to stop arguing."

Try: "How can we figure out a way to solve this together?"

Why This Works

- Reduces power struggles and increases cooperation
- Helps kids build independence, self-regulation, and problem-solving skills
- Strengthens relationships between children and caregivers

For more practical guidance, check out:

Raising Human Beings: Creating a Collaborative Partnership with Your Child

Explore more at www.livesinthebalance.org – a free resource hub for parents, teachers, and caregivers.

"The single most important thing to remember about kids with behavioural challenges is that they lack the skills, not the will, to behave well." – Dr. Ross Greene

By shifting our mindset from discipline to collaboration, we can help children develop confidence, problem-solving skills, and resilience.

Have a great weekend!

Sincerely,

your Cedar Admin. Team

Carie Wood and Cal Lynch

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VERY Proud Teacher – Div. 12



Hawaiian Shirts for Parker Spirit Day



Wheeee!!!



PACK Heart and Paw Print with Playdough

Looking Ahead

Feb. 17 – No School, Family Day

Feb. 21 – 9am PAC AGM Meeting (note this is a date change from Feb. 14)

Feb. 26 – Pink Shirt Day

March 12 – Second Term Progress Reports

March 14 – Last Day before March Break

March 17 -28 – March Break

March 31 – First Day back from March break

April 12 – Gr. 7 Bottle Drive